

Child and Adolescent Residential Program (Level 14)

Edgewood's Residential Program was specially created for children and adolescents between the ages of 6 and 17 and has been serving California youth and families for over 20 years. Our program is designed to provide youth with an intensive intervention service, targeted specifically at reducing high-risk behaviors so that youth may return to their homes and their communities as quickly as possible. This program works closely with families and community supports to provide reunification, permanency and hope to the children we serve.

In addition to a short-term and longer-term residential service, we also specialize in diagnostic assessment and psychotropic medication evaluation and management, therapeutic behavioral services, and care coordination using Family Conferencing. Youth at Edgewood have an opportunity to practice skills within a broad community on our six acre campus. Our residential cottages are spacious and strive to feel more like a home away from home than an institution and to include family in all aspects of our programming. Our campus also features Day Treatment services provided through our Non-Public School, allowing youth a small, structured classroom in which to grow. Youth graduate from the Edgewood Residential program with a thorough and collaborative safety and treatment plan that addresses their specific needs and allows youth to thrive in their communities.

The Edgewood multidisciplinary team takes a strength-based approach with families and other involved professionals to promote collaborative and inclusive treatment and discharge planning. Program staff include: licensed clinicians, psychiatrists, nursing staff, mental health counselors, educational staff, recreational and expressive arts therapists, psycho-educational instructors and milieu staff.

Residential Program

- **Serves youth ages 6-17**
- **Short-term and longer-term stays**
- **Age-based cottages**
- **Safety and treatment planning**
- **On-site child psychiatry and nursing services**
- **Discharge planning begins at the Intake Assessment**
- **Continuous, highly structured and supervised milieu treatment**
- **Individual, group and family therapy**
- **Skills building & therapeutic groups**
- **Parent Support Groups**
- **Integrated Non-Public School/Day Treatment Intensive Program is available to youth through their school district**
- **Collaborative treatment planning and care management through Family Conferencing**
- **Referrals and linkages to community resources**

Getting Started Is Easy

Call our Intake Department at 415.682.3172 for immediate assistance between the hours of 8am-6pm. Inclusion criteria considered are ability to function outside a locked facility, medical needs, referral question and age. Our Intake Coordinator will work with you in a flexible and efficient manner to best meet your needs. During the intake consultation, program availability, fees and insurance information will be discussed.

While in Treatment, Participants and Families will:

- ✓ Eliminate high-risk behaviors
- ✓ Develop comprehensive safety plans
- ✓ Receive comprehensive medication evaluations and management services
- ✓ Gain essential stress management and coping skills
- ✓ Be provided permanency planning and reunification planning to support their treatment and their discharge plan
- ✓ Develop an effective discharge plan for continuing to enhance skills after graduation
- ✓ Improve relationships with parents, siblings and peers
- ✓ Identify needed community resources and supports

Sample Schedule (7 day)

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
7:00	Morning Routine	Morning Routine	Morning Routine	Morning Routine	Morning Routine	Morning Routine	Morning Routine
9:00	Integrated Non-Public School/Day Treatment Intensive Program	Integrated Non-Public School/Day Treatment Intensive Program	Integrated Non-Public School/Day Treatment Intensive Program	Integrated Non-Public School/Day Treatment Intensive Program	Integrated Non-Public School/Day Treatment Intensive Program	Life Skills Group	Life Skills Group
11:30	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
12:15	Integrated Non-Public School/Day Treatment Intensive Program	Integrated Non-Public School/Day Treatment Intensive Program	Integrated Non-Public School/Day Treatment Intensive Program	Integrated Non-Public School/Day Treatment Intensive Program	Integrated Non-Public School/Day Treatment Intensive Program	Therapeutic Recreation	Therapeutic Recreation
3:00	Transition Meeting	Transition Meeting	Transition Meeting	Transition Meeting	Transition Meeting	Relaxation and Skills Practice	Relaxation and Skills Practice
3:30	Homework Help	Homework Help	Homework Help	Homework Help	Homework Help		
5:00	Expressive Arts Therapy	Skills Building Group	Skills Building Group	Expressive Arts Therapy	Skills Building Group	Expressive Arts Therapy	Homework Help
5:30*	Individual or Family Therapy	Individual or Family Therapy	Individual or Family Therapy	Individual or Family Therapy	Individual or Family Therapy	Life Skills Group	Life Skills Group
6:30	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
7:00 BED	Evening Activity/Relaxation Group	Evening Activity/Relaxation Group	Evening Activity/Relaxation Group	Evening Activity/Relaxation Group	Evening Activity/Movie Night	Evening Activity/Relaxation Group	Evening Activity/Relaxation Group

****Individual and/or family sessions with the primary therapist, and visits with child psychiatrist are scheduled based on the individual's needs and treatment plan.***

For more information or to make a referral:

415.682.3172

Michael Clumeck, Intake Director

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